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Reflection Journal # (5-5)

Betty Friedan – The feminine Mystique

Betty Friedan was a common house wife in the United states in 1963. Until he noticed the unhappiness of many women by the time she realized that she needed to do something, she wrote a book called “The feminine Mystique”. It talks about the crisis in woman life by that time, the causes and consequences. She is expressing his angriness and sadness about female oppression and why it has to end for the women survival.

Her reaction states how angry and disappointed she was, and how it made most of her neighbors have transtorns and worst, have addictions such alcohol and drugs. Specifically, her work criticizes women’s role in society and how it made them feel unhappy with their lives. The book presented that females have been narrowed themselves into the roles of housewife and mothers. Friedan divided her book in five chapters where she mentions the problems which is not mentioned in society, the unhappiness of most housewife, how this crisis is affecting women psychologically in their identity and personality, lastly she describes how this journey to liberty to liberty and female equal rights has started and how science has supported the idea that males and superior over females

I comprehend and understand Betty Friedan in her feelings and reactions. I as a woman in the 21st century I can still see the division within sexes or the “glass wall” that separates a woman from a job position just because their sex. For me, it would be extremely hard to adapt into that society at that time. Also, I deeply admire Betty Friedan because she revolutionized the idea of feminism in an intellectual level, and she inspired many women by that time with her book. On the other hand, her work was deeply criticized by women in both sides but it was mostly accepted by everyone.

Throughout all my readings done before about Feminist movement in America, I could easily understand how society was ruled by that time, how their life was, and why Betty Friedan made this book and this argument to The U.S. people.